

Confidential Retreat Evaluation

Tell us about yourself...

1. What is your birthday? (Month Day, Year) _____
2. Circle your gender Male Female Other
3. Are you in recovery? Yes No
4. Is this your first retreat? Yes No Team Member
5. Where are you staying? Shelter Halfway/Recovery House Family/Friend
Housing Program Rent/Own Apartment or Home Other

Tell us about the house...

6. Please rate the experience of the retreat house **POOR** **EXCELLENT!**
- Meals 1 2 3 4 5
- Location 1 2 3 4 5
- Hospitality 1 2 3 4 5

Tell us about the retreat structure...

- | | | DID NOT OCCUR | DISAGREE | | AGREE | |
|---|---|---------------|----------|---|-------|---|
| 7. Hearing someone else's story made me feel hopeful | 0 | 1 | 2 | 3 | 4 | 5 |
| 8. The facilitators and staff listened to me | 0 | 1 | 2 | 3 | 4 | 5 |
| 9. I felt comfortable sharing my story | 0 | 1 | 2 | 3 | 4 | 5 |
| 10. I shared deeply and listened generously in my small group | 0 | 1 | 2 | 3 | 4 | 5 |
| 11. I shared deeply and listened generously in the large group | 0 | 1 | 2 | 3 | 4 | 5 |
| 12. The silence and meditations fostered a connection with God | 0 | 1 | 2 | 3 | 4 | 5 |
| 13. The fellowship of the group was rejuvenating | 0 | 1 | 2 | 3 | 4 | 5 |
| 14. I had enough time or opportunities to pray | 0 | 1 | 2 | 3 | 4 | 5 |
| 15. I felt the staff shared just as openly and honestly as I did | 0 | 1 | 2 | 3 | 4 | 5 |
| 16. During this retreat I practiced or developed new spiritual tools (e.g., Examen, meditation, etc.) for my recovery/spiritual journey | 0 | 1 | 2 | 3 | 4 | 5 |

Tell us how the retreat helped you...

- | | | DISAGREE | | AGREE | |
|---|---|----------|---|-------|---|
| 17. I am more aware of what specific and concrete things are keeping me from living the most free and full life | 1 | 2 | 3 | 4 | 5 |
| 18. My relationship with God/Higher Power was strengthened | 1 | 2 | 3 | 4 | 5 |
| 19. This retreat helped me feel like I belonged to a community | 1 | 2 | 3 | 4 | 5 |
| 20. I feel that my life can benefit others and I want to help | 1 | 2 | 3 | 4 | 5 |



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	DISAGREE			AGREE	
21. This retreat helped my sobriety and/or helped me recognize the value of my spiritual journey	1	2	3	4	5
22. This retreat helped heal or began the healing of relationships or other things in my life	1	2	3	4	5
23. I feel that change is possible in my life and the world	1	2	3	4	5
24. Given the opportunity, would you like to attend another retreat?		Yes		No	
25. Are you planning on coming to the next reunion or follow-up gathering?		Yes		No	

Reflection Questions:

What did you learn about yourself?

Why would you recommend this retreat to others?

Anything else you want us to know?

Today's Date: _____

Thank you!!